



City Contact: Jason Klinck, FCSS Specialist fcss@reddeer.ca

Grant Application Process

For

Preventive Social Programming - FCSS Grant

Proposals will be received up to 4:00:59 p.m. (Alberta Time) on March 31, 2026

Proposals must be received by the submission deadline outlined above, electronically, through the SmartSimple Portal. The closing time and date shall be determined by the SmartSimple Portal's web clock. Late submissions are not permitted.

Proponents are cautioned that the timing of the Proposal submission is based on when the Proposal is **received** by the SmartSimple Portal, **not** when a Proposal is submitted by a Proponent, as Proposal transmission can be delayed due to file transfer size, transmission speed, etc. For these reasons, it is recommended that Proponents allow sufficient time to upload their Submission and attachment(s) (if applicable) and to resolve any issues that may arise.

The City will not accept Proposals by fax, email or hard copy.

This Grant Application Process (GAP) is issued by The City of Red Deer (the "City"). This GAP consists of the following sections:

- 1. Instructions to Proponents and GAP Procedural Rules**
- 2. Terms of Reference**
- 3. Appendix A – 2027-2029 Funding Cycle Priorities**
- 4. Appendix B – 2027-2029 Indigenous Stream Funding Cycle Priorities**
- 5. Appendix C – Provincial Priorities & Strategies**
- 6. Appendix D - What is Collective Impact?**
- 7. Appendix E – Community Driven Design Principles**
- 8. Appendix F – Prevention**

Section 1 – Instructions to Proponents and GAP Procedural Rules

GAP Non-Binding

- 1) The GAP is not intended to create and shall not create a formal legally binding bidding process and shall instead be governed by the law applicable to direct commercial negotiations. For greater certainty and without limitation:
 - a) the GAP shall not give rise to any Contract A-based tendering law duties or any other legal obligations arising out of any process contract or collateral contract; and
 - b) neither the Proponent nor the City shall have the right to make any claims (in contract, tort, or otherwise) against the other with respect to the award of a contract, failure to award a contract, or failure to honour a response to the GAP.
- 2) The City may cancel or amend the GAP without liability at any time.

Proposals must be submitted in the Prescribed manner

- 1) Proponents must submit their bids **online only through the SmartSimple Portal**.

GAP Communications and Confidential Information

- 1) Proponents must examine all of the documents comprising this GAP and may direct questions or seek additional information” by emailing fcss@reddeer.ca. It is the responsibility of the Proponent to seek clarification on any matter it considers to be unclear. The City will not be responsible for any misunderstanding on the part of the Proponent concerning this GAP or its process.
 - a) A Proponent may not, at any time, directly or indirectly, communicate with the media in relation to the GAP or any contract awarded pursuant to the GAP without first obtaining the written permission of the City Contact.
 - b) All information provided by or obtained from the City in any form in connection with the GAP either before or after the issuance of the GAP:
 - i) is the sole property of the City and must be treated as confidential;
 - ii) is not to be used for any purpose other than replying to the GAP and the performance of any subsequent Contract;
 - iii) must not be disclosed without prior written authorization from the City; and
 - iv) shall be returned by the Proponents to the City immediately upon the request of the City.
 - c) A Proponent should identify any information in its proposal or any accompanying documentation supplied in confidence for which confidentiality is to be maintained by the City. The confidentiality of such information will be maintained by the City, except as otherwise required by law or by order of a court or tribunal. Proponents are advised that their proposals will, as necessary, be disclosed on a confidential basis, to the City’s advisers retained for the purpose of evaluating or participating in the evaluation of their proposals. If a Proponent has any questions about the collection and use of personal information pursuant to the GAP, questions are to be submitted to the fcss@reddeer.ca mailbox. Any proposal submitted is subject to the *Freedom of Information and Protection of Privacy Act*.

Conflict of Interest

- 1) For the purposes of this section, the term “Conflict of Interest” means:
 - a) In relation to the GAP, the Proponent has an unfair advantage or engages in conduct, directly or indirectly, that may give it an unfair advantage, including but not limited to:
 - i) having, or having access to, confidential information of the City in the preparation of its proposal that is not available to other Proponents;
 - ii) communicating with any person with a view to influencing preferred treatment in the GAP (including but not limited to the lobbying of decision makers involved in the GAP);

- iii) engaging in conduct that compromises, or could be seen to compromise, the integrity of the GAP.
 - b) In relation to the performance of its contractual obligations contemplated in the contract that is the subject of this procurement, the Proponent's other commitments, relationships or financial interests:
 - i) could, or could be seen to, exercise an improper influence over the objective, unbiased, and impartial exercise of its independent judgement; or
 - ii) could, or could be seen to, compromise, impair, or be incompatible with the effective performance of its contractual obligations.
- 2) The Proponent shall not engage in any Conflict of Interest communications.
- a) A Proponent may not, in relation to this GAP or the evaluation and selection process, engage, directly or indirectly, in any form of political or other lobbying whatsoever to influence the selection of the successful Proponent(s).
 - b) Without limiting the generality of the above statement, at any time during the GAP, Proponents and proponent Team Members are prohibited from contacting, or attempting to contact, either directly or indirectly, any of the following persons or organizations on matters related to the GAP, the GAP documents, or the proposals:
 - i) any member of the evaluation committee;
 - ii) any person employed or engaged by the City, or any person who was previously employed by the City and who would have information relating to the procurement of the Deliverables, other than the City Contact (through the fcss@reddeer.ca mailbox);
 - iii) any member of the municipal council of the City or any member of a councillor's staff; or
 - iv) any other Proponent or Proponent representatives.

Amendment of Proposal

- 1) Proponents may amend their proposals after they have been submitted, but prior to the closing date and time. The Proponent is solely responsible to ensure that the re-submitted proposal is received by the SmartSimple Portal before the closing date and time. Proponents must email the fcss@reddeer.ca mailbox to indicate they would like their proposal returned.

Amendments to the GAP by Way of Addenda

- 1) The GAP may be amended only by an addendum in accordance with this section. If the City, for any reason, determines that it is necessary to provide additional information relating to the GAP, such information will be communicated to all Proponents by addenda. Each addendum forms an integral part of the GAP. Such addenda may contain important information, including significant changes to the GAP.
- 2) No Addenda shall be issued later than 2 business days prior to the closing date. If an Addendum is required beyond 2 business days prior to the closing date, the City shall extend the closing date by the same Addendum for a number of days determined solely by the City.

Withdrawal of Proposal

- 1) Proponents may withdraw their proposal submission online prior to the closing date and time. Proponents must email the fcss@reddeer.ca mailbox to indicate they would like to withdraw their proposal.

Evaluation and Selection

- 1) Proponents should carefully note the mandatory requirements listed in Section 2. Proposals that do not meet the mandatory requirements at the submission deadline will be disqualified.

- 2) The successful Proponent will be determined by evaluation criteria as set out in Section 2 of this GAP and advised in writing by the City's Community Development Section.
- 3) When evaluating proposals, the City may request further information from the Proponent or third parties in order to verify and clarify the information provided in the Proponent's proposals. The City may revisit and re-evaluate the Proponent's response or ranking on the basis of any such information.

Proponent Costs

- 1) Proponents shall bear their own costs associated with or incurred in the preparation and presentation of its proposals, including, if applicable, costs incurred for interviews or demonstrations.

Debriefing

- 1) Unsuccessful Proponents may request a debriefing after receipt of a notification of award.
- 2) All requests must be in writing to the City Contact and must be made within thirty (30) days of notification of award.
- 3) The intent of the debriefing information session is to aid the Proponent in presenting a better proposals in subsequent procurement GAP opportunities.
- 4) Any debriefing provided is not for the purpose of providing an opportunity to challenge the procurement GAP process.

Governing Law

- 1) Procedural terms of the GAP are:
 - a) included for greater certainty and are intended to be interpreted broadly and separately (with no particular provision intended to limit the scope of any other provision);
 - b) non-exhaustive (and shall not be construed as intending to limit the pre-existing rights of the parties to engage in pre-contractual discussions in accordance with the common law governing direct commercial negotiations); and
 - c) to be governed by and construed in accordance with the laws of the province of Alberta and the federal laws of Canada applicable therein.

Notification of Award

- 1) Proponents will be notified of the outcome of the procurement process GAP through email.

Section 2 – Terms of Reference

Introduction

- 1) The GAP is an invitation by the City, on behalf of the Red Deer & District Family and Community Support Services (FCSS) Board to submit non-binding proposals for the provision of Preventive Social Programming (the Deliverables) as set out in this section of the GAP. The selected Proponent will be requested to enter into negotiations for an agreement with the City for the provision of the Deliverables.
- 2) Optional Information Sessions (Questions regarding SmartSimple Portal are welcome):

- a) **March 5, 2026 from 10:00-11:30am Alberta time at Red Deer City Hall, Second Floor, Crimson Star Room**

OR

- b) **March 12, 2026 from 1:30-3:00pm Alberta time (online)**

- 3) The term of the contracts will be for a period of approximately 36 months, beginning January 1, 2027 ending December 31, 2029.

Background Information

- 1) The City of Red Deer acts as the administrator for the Red Deer & District FCSS Board.
- 2) Locally, the Red Deer & District Family and Community Support Services Board acts as the decision making authority on the allocation of Preventive Social Programming for the residents of and within the following municipalities:

City of Red Deer
Red Deer County
Town of Bowden
Town of Penhold
Village of Delburne
Village of Elnora

- 3) FCSS enhances the social well-being of individuals, families and community through prevention.
- 4) Red Deer & District FCSS has adopted the following funding principles to assist with funding allocation decisions:
 - a) Early Prevention Focus – Funding is focused on prevention before problems can be seen or where action is needed to prevent problems that are beginning from become worse
 - b) Multi-Stream Approach – Multiple funding streams support local service delivery, capacity building, community development, regional planning, and a broader community reach.
 - c) Responsive – Consideration is given to the need for stable funding and the ability to address emerging issues.
 - d) Focused on Strengths and Local Priorities – Local knowledge and consultation inform funding priorities, initiative design and decision making.
 - e) Place Based – Funding acknowledges and adapts to local community context within the multi-municipal partnership in setting priorities.
 - f) Accountable – Outcomes are assessed through monitoring, evaluation, and project performance.

Purpose of Project/Service and Deliverable

- 1) Funding is available for projects providing *Preventive Social Programming* for residents of the Red Deer & District FCSS region.
- 2) Eligible organizations are school boards, municipalities, or non-profit organizations.
- 3) As a reference, current projects are listed in the Family and Community Support Services Program Handbook <http://humanservices.alberta.ca/documents/FCSS-Program-Handbook.pdf>.
- 4) The following projects are **ineligible for funding**:
 - a) Capital initiatives including renovations and motor vehicles;
 - b) Services that are primarily for recreational needs or leisure time pursuits;
 - c) Services that offer direct assistance (e.g. food, shelter, money, etc.) to sustain an individual or family;
 - d) Services that duplicate those ordinarily provided by government or a government agency.
- 5) The External Project Funding Stream identified in the *Red Deer and District Family and Community Support Services (FCSS) Funding Guide* is available for application through this GAP. There are 2 categories within the External Project Funding Stream:
 - a) Prevention Projects: Includes all projects to be considered for FCSS funding. This could include:
 - i) Collective/Collaborative Impact project (see Appendix C).
 - ii) Playschools: Includes all Playschools to be considered for FCSS funding.
 - b) Indigenous Projects: Includes projects that are Indigenous led for the Indigenous community.

Reference Documents

- 1) Proponents are encouraged to read these reference documents:
 - a) City of Red Deer:
 - i) www.reddeer.ca/fcss
 - b) Social Policy Framework:
 - i) <http://www.reddeer.ca/city-government/plans-and-projects/ongoing-plans-and-projects/social-policy-framework/>
 - c) FCSS Accountability Framework:
 - i) <https://open.alberta.ca/publications/family-and-community-support-services-accountability-framework>
 - d) FCSS Accountability Framework Training:
 - i) [FCSS-Accountability-Framework-Training-Package.pdf](#)
 - e) 2024 Red Deer & District FCSS Annual Report:
 - i) <https://www.reddeer.ca/about-red-deer/social-well-being-and-community-initiatives/family-and-community-support-services/funded-projects/>
 - f) Red Deer & District Family and Community Support Services (FCSS) Funding Guide:
 - i) <https://www.reddeer.ca/media/reddeerca/about-red-deer/social-well-being-and-community-initiatives/fcss/FCSS-Red-Deer-Funding-Guide.pdf>

Proposal Requirements

- 1) All mandatory fields must be completed before the application can be successfully submitted.

Evaluation

- 1) The City will endeavour to complete the evaluation of all compliant proposals received within 30 days of the closing deadline. The evaluation process will occur in the following stages:
 - a) **Stage I – Mandatory Requirements:**
 - i) Stage I will consist of a review to determine which proposals comply with all the mandatory requirements. Proposals do not comply with all the mandatory requirements as of the submission deadline will, subject to the express and implied rights of the City, be disqualified and not evaluated further.
 - b) **Stage II – Evaluation of Rated Criteria and Pricing:**
 - i) Stage II will consist of a review of all compliant proposals to determine the highest-ranking proponent based on the rated criteria evaluation set out below.

For: Prevention and Indigenous Projects:

Rated Criteria Category	Weighting (Points)
Project Information*:	55
Organization and Team Capacity	15
Risk identification and mitigation plan	5
Financial Information and budget	25
Total Points	100

***Project information for Indigenous projects also includes cultural content**

For: Playschools:

Rated Criteria Category	Weighting (Points)
Project Information:	60
Organization and Team Capacity	5
Financial Information and budget	35
Total Points	100

The Red Deer & District FCSS Board has several specific rated requirements to this GAP that proponents will need to be aware of.

- 1) Project Information: Section C: Project Details: **FCSS Funded**
 - This question speaks to the historical performance of projects. Previously funded projects that have not been compliant with the Funding Agreement reporting requirements in the past will be scored negatively.
- 2) Project Information Section C: Project Details: **Funding Cycle Priorities**
 - This question speaks to the:
 - Priorities selected through the community Priority Setting process for the 2027-2029 Funding Cycle (see Appendix A for **Prevention Priorities**, OR Appendix B for **Indigenous Stream Priorities**)
 - Incorporation of **Community Driven/Strength-Based Design** principles (Appendix E)
 - Identification of **Prevention Stage** (Appendix F)
 - Selection of **Provincial Priorities & Strategy** (Appendix C)
 - Collective Impact projects (Appendix D) are optional.
- 3) Financial Information and Budget: Amount Allocated to FCSS Funding Request
 - This section was included to identify the amount of the FCSS Annual Funding Request that proponents are assigning to administrative costs. Administrative

costs include:

- Salaries and wages for administrative staff (e.g. Executive Director, Admin Support, Bookkeeper depending on role with the project)
- Accounting and Audit;
- Computer/Equipment Repair/Maintenance
- Furniture/Equipment Rental
- Insurance (not included for Playschools)
- Janitorial; Mailing and Postage
- Subscriptions and Publications
- Utilities (Gas, Power & Water)
- Administrative costs allocated to the FCSS Annual Funding Request that exceed 20% will be negatively scored and those that are below 20% will be scored positively.

4) Financial Information and Budget: 80/20 Cost Sharing Basis

- The FCSS Funding Annual Request is based upon an 80/20 Cost Sharing partnership between the proponent and FCSS, in which funds can be applied for to cover up to 80% of the total project budget. The budget document will not allow an FCSS Funding Annual Request to be submitted that is over the 80% of the total project budget.

c) **Cumulative Score:**

- i) At the conclusion of the evaluation process, all scores for the rated criteria will be added together to determine the Proponent with the highest score.
- ii) Red Deer & District FCSS Board will invite highest-ranked Applicants that fall within its available funding to enter into a standardized Funding Agreement with The City for their project, according to timelines determined by The City. However, at its sole discretion, the Red Deer & District FCSS Board may also take the following into account during their selection process:
 - (1) the Board's assessment and prioritization of regional needs;
 - (2) FCSS funding model principles; and
 - (3) FCSS priority protective factors and overall mandate.

d) **Tie Score:**

- i) In the event of a tie score, the selected proponent will be determined by the proponent whose services have the highest score in following category:
 - (1) Proposed Service Delivery model; then
 - (2) Team Capacity, Expertise, Experience.
- ii) If the City is unable to determine which Proponent has the highest score as above, then the tie will be resolved by way of a coin toss.

e) **Notification to Other Proponents:**

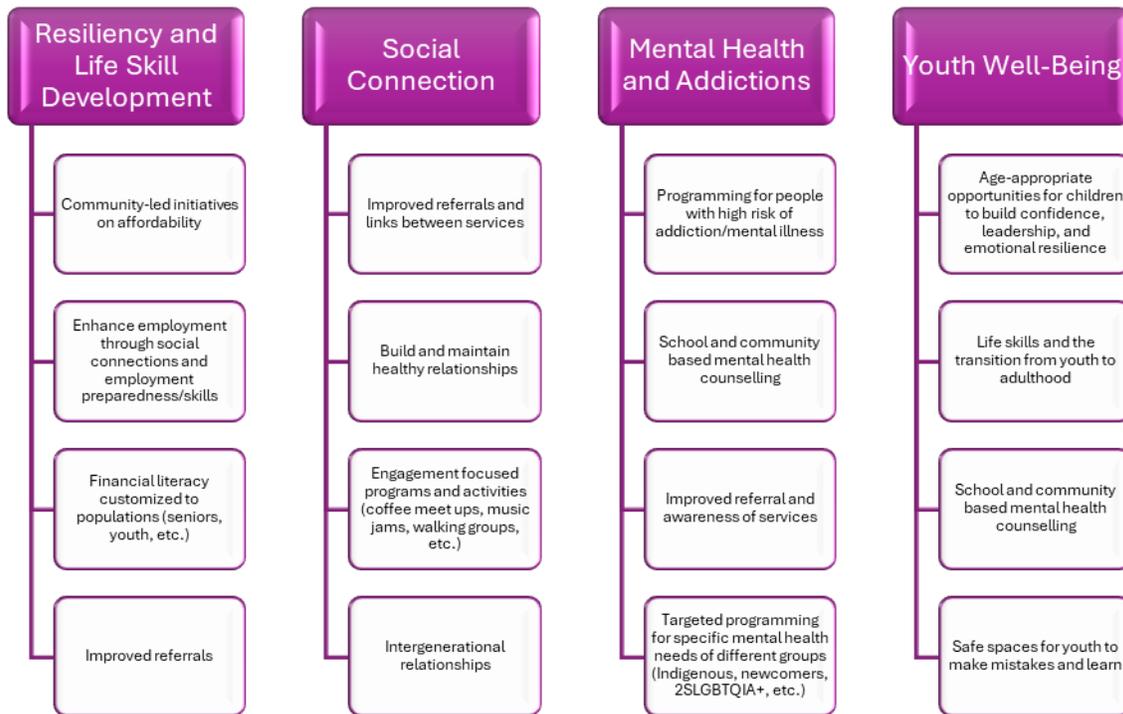
- i) Other Proponents that may become eligible for contract negotiations will be so notified at the commencement of the negotiation process.
- ii) Once a contract is executed between the City and a Proponent, the other Proponents may be notified directly in writing and shall be notified by email.

iii) GAP Process Timelines

Application Open	March 4, 2026
Public Information Sessions (Crimson Room at City Hall)	Mar.5, 2026, 10:00-11:30 PM Mar.12, 2026, 1:30-3:00 PM
Deadline for Questions	March 20, 2026
Deadline for Issuing Addenda	March 23, 2026
Submission Deadline	March 31, 2026 4:00:59 PM, MST
Anticipated Award Date	June 2, 2026

The GAP timetable is tentative only and may be changed by the City at any time.

Appendix A – 2027-2029 Funding Priorities – Red Deer & District

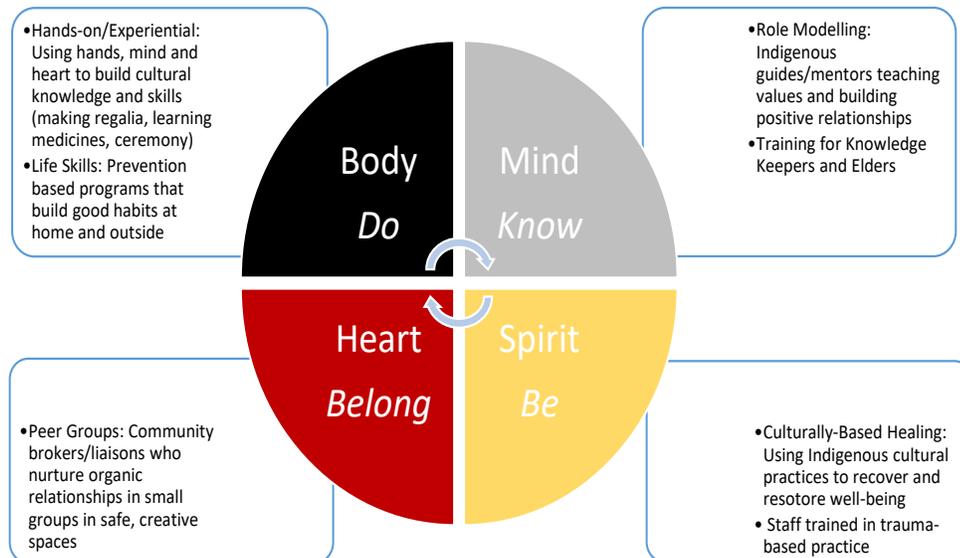


2027-2029 Indigenous Stream Funding Cycle Priorities

Culture and Connection as Prevention

When an individual is connected to their culture, they are rooted in their own identity through who they are as a people, and to their families, communities, and nations.

Initiatives build these connections to culture and community to enhance social well-being, using approaches such as the ones below. This restores balance and promotes healing using Indigenous ways of knowing and being.



Requirements

- Applicants must be Indigenous led organizations
- All initiatives must incorporate Indigenous cultures in a consistent way

Appendix C – Provincial Priorities & Strategies

The Government of Alberta has outlined 6 Prevention Priorities and 5 Prevention Strategies for FCSS:

Provincial Prevention Priorities



Homelessness and Housing Insecurity

Homelessness and housing insecurity in Alberta are complex and growing challenges driven by factors such as rising housing costs, economic instability, mental health and addiction issues and systemic barriers to support services. Many individuals and families struggle to access stable, affordable housing, leaving them at risk of eviction, temporary shelter reliance or living in unsafe conditions.



Mental Health and Addictions

Many Albertans experience challenges related to mental health and addictions. The province also continues to face an opioid crisis, with alarming rates of drug poisoning and overdoses. These issues have profound impacts on the wellbeing of individuals, families and communities.



Employment

Unemployment remains a challenge in Alberta, affecting individuals and families across the province. Job losses and economic uncertainty contribute to financial instability and can create barriers to long-term employment. Fluctuations in the job market impact many Albertans, highlighting the ongoing issue of unemployment and its broader effects on communities.



Family and Sexual Violence

Family and sexual violence are critical concerns that can lead to significant and lasting physical, emotional, and psychological effects. These impacts can create substantial barriers to safety, well-being and stability. Survivors often encounter difficulties in obtaining necessary support and the repercussions can extend beyond individuals to affect families, workplaces, and the wider community.



Aging Well in Community

Alignment of health, housing, and community-based services can create safe and supportive environments for Albertans to age well in the community. According to the Canadian Institute for Health Information (CIHI), it is estimated that 11% of people in continuing care could live at home with the right community based supports in place. Approaches to integrate healthcare and community-based supports are essential to enable Albertans to age in their homes.

Prevention Strategies

Prevention Strategy 1	Promote and encourage active engagement in the community
Prevention Strategy 2	Foster a sense of belonging
Prevention Strategy 3	Promote social inclusion
Prevention Strategy 4	Develop and maintain healthy relationships
Prevention Strategy 5	Enhance access to social supports
Prevention Strategy 6	Develop and strengthen skills that build resilience

Appendix D – Collective Impact

Collective Impact vs Collaboration

Your project is considered part of a Collective Impact if it checks these requirements:

- Your project came about because a group of individuals from different sectors are committed to a common agenda to prevent and/or mitigate a specific social issue.
- All agencies and sectors involved work towards common shared outcomes (i.e. a single set of goals, measured in the same way).
- Unlike most collaborations, collective impact projects involve a centralized infrastructure, a dedicated team from different sectors, a backbone organization, and a structured process that leads to: a common agenda, shared measurement, continuous communication, and mutually reinforcing activities among all project team members.
- Cross-sector coordination is a key component; a collective approach is favoured over any individual organization's agenda.
- Your project utilizes a systemic approach to social impact that focuses on the relationships between organizations/sectors and the progress toward shared objectives.

Collective Impact is different from Collaboration. Your project is part of a collaboration (and not a Collective Impact) if:

- Your project was already created within one agency/sector, then another agency or agencies agreed to partner with your project in a joint effort to achieve your project's outcomes.
- The focus of your project is on its individual impact to prevent and/or mitigate a social issue.
- The focus is on your project within your individual organization, in partnership with one or more other organizations.

Appendix E – Community Driven Design Principles

At its core, FCSS values prevention and community development through active participation of the people themselves. While it is important to understand the challenges that individuals and communities face, often much less attention is given to the essential strengths that already exist in these same communities. And how these qualities can be grown, shared with others, and activated to address these same struggles. The process of discovering and using these

strengths as the foundation to improve communities, rather than an exclusive focus on challenges and deficiencies, is called asset based community development (ABCD).

“Provide supports that help sustain people as active participants in the community”

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Step 1. Engagement

The first step to using community assets is knowing what they are. This starts with reaching out to the people who you serve and listening to them. Coffee chats, hanging out at community centers, bus stop malls – going to wherever people naturally gather and spend their time.

By being curious and asking questions about what people are passionate about, what hopes they hold, and what skills, knowledge, and networks they draw from, a much richer picture emerges of the human being beneath emerges, even amidst the most difficult situations.

Step 2. Strengths Discovery

Through these conversations and relationships, a picture of emerges of who the community is. This includes many types of assets:

<p> Social and Cultural:</p> <ul style="list-style-type: none"> -Strong social networks and natural supports -Cultural traditions and shared values -Community pride and belonging -Community leaders/organizers, formal and informal 	<p> Skills and Knowledge:</p> <ul style="list-style-type: none"> -Local skills, talents and knowledge on specific topics -Innovative ways to engage and problem-solve
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¹ <https://www.alberta.ca/family-and-community-support-services-fcss-program>

<p>💰 Resources:</p> <ul style="list-style-type: none"> -Diversified employment opportunities through networks -Local business incubation and food security -Vibrant, welcoming spaces -Ability to raise funds for community projects 	<p>✅ Collective and Civic:</p> <ul style="list-style-type: none"> -Local grassroots/community groups (cultural - groups, parent groups, youth groups, faith, etc.) -Cooperation, contribution and shared responsibility -Local ownership of initiatives
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Step 3. Community-Driven Design

The final step is to incorporate the individual and community strengths that you have discovered into the design of the program itself, along with the challenges they have identified. The key guiding question that will frame your strategy is as follows:

“Leverage local community capacity in design, delivery and coordination of preventive services.”

How can community strengths be activated to build resilience and address challenges?

While many FCSS initiatives are programs and not necessarily community development, **they should still have some elements of community involvement woven into the design.**

From Traditional Charity Model	To ABCD Approach
Needs Based (there is a problem and we need to fix it)	Asset Based (community already has what it needs)
Clients as passive recipients or consumers of services	Clients as valued and active participants
Staff are experts with the all the answers	Staff as connectors and community builders
System of dependency on agencies	Building onto a network of natural supports
Each person and service is dealt with in isolation (silos)	Everyone is viewed as part of a broader community network
Creating programs offered to community (deliverables)	Co-designing with those affected (discoverables)
Institutions determine what is success	People identify what success is for them

Program Design Examples

From Traditional Charity Model	To ABCD Approach (Step by Step)
<p><i>Youth Transition</i></p> <p>After assessing which knowledge and skills youth are missing to bridge to careers, youth receive training from staff on life skills and career development</p> <p><i>Aging in Place</i></p> <p>Rural seniors are supported to stay in their homes by contracting out services from Red Deer providers like yard work, housekeeping, etc.</p> <p><i>Preventing Homelessness</i></p> <p>Supports for residents of a low-income housing complex in danger of homelessness are identified through a need assessment, and include individual/family referrals for Food Bank support, donations of sporting goods for low-income children, and expert-led sessions for parents on how to budget and how to parent.</p>	<ol style="list-style-type: none"> 1. Partner with ethno-cultural and faith organizations 2. Discover while many youth are unemployed, there are also educated, gainfully employed immigrant youth 3. Design project to recruit those youth to mentor struggling youth based on their interests and needs <ol style="list-style-type: none"> 1. Spend time listening to community to understand local networks of support 2. Discover youth groups at a school and church 3. Match seniors with youth in the community to help with yard/housework, which seniors reciprocate through sharing stories and skills (woodworking, sewing, etc.) <ol style="list-style-type: none"> 1. Connect with landlords and host gatherings in low-income apartments to get to know residents 2. Discover there are resident leaders, who already have relationships (and others who are isolated), and common spaces for gatherings 3. Referrals to other agency services are still provided as needed, however project also facilitates residents to discuss how to use their gifts to support each other to keep costs down through collective cooking, sharing transportation and childcare, building a community garden and being there for each other in crisis

Appendix F – Prevention

Prevention:

a process that strengthens protective factors of individuals, families and communities to promote well-being, reduce vulnerabilities, and empowers them to meet the challenges of life.

Protective Factors:

positive assets that help people cope with stress, overcome adversity, and reduce the likelihood of negative outcomes (e.g. mental illness, homelessness, etc.), by **building resilience** through strong social connections, good problem-solving skills, parental support, and positive self-esteem

Prevention Continuum Table

Primary Prevention	<ul style="list-style-type: none"> • Address root causes of social issues with focus on the general population or a specific population • Promote protective factors in the physical and social environment (including social relationships). • Can include awareness programs, enhancing connections among community organizations and promoting community volunteerism.
Secondary Prevention	<ul style="list-style-type: none"> • Address issues at an early stage for specific groups or at-risk populations. • Strengthen the capacity of individuals and communities to prevent or reduce risk factors and build resilience. • Can include connecting those in need with appropriate resources and skill development.
Tertiary Prevention (Out of Scope/Ineligible)	<ul style="list-style-type: none"> • Address immediate needs with intent to prevent long-term impacts. • Support individuals or groups already affected by social issues by providing direct services. • Can include direct assistance such as food, clothing and shelter.