



OFFICE OF THE MAYOR

PROCLAMATION

- WHEREAS:** Eating disorders are serious and life-threatening mental illnesses that can affect people of all ages, body sizes, cultures, gender identities, sexual orientations, and backgrounds; and
- WHEREAS:** Many individuals living with eating disorders also experience other mental health challenges, and too many face barriers to understanding, support, and timely treatment; and
- WHEREAS:** The Eating Disorder Support Network of Alberta (EDSNA) is a non-profit organization that provides compassionate support, education, and resources to individuals and families affected directly and indirectly by eating disorders; and
- WHEREAS:** The City of Red Deer is proud to be an active and supportive community partner of the Eating Disorder Support Network of Alberta; and
- WHEREAS:** Eating Disorder Awareness Week is observed from February 1 to 7, 2026, across the Province of Alberta to increase understanding, reduce stigma, and promote early intervention and recovery;

NOW THEREFORE,

I, Cindy Jefferies, Mayor of the City of Red Deer, hereby recognize the efforts of the Eating Disorder Support Network of Alberta to increase awareness and recovery for all suffering directly and indirectly from eating disorders.

IN WITNESS WHEREOF, I have hereunto set my hand and cause the Official Seal of The City of Red Deer, Alberta, to be affixed.


Mayor Cindy Jefferies
City of Red Deer

