



OFFICE OF THE MAYOR

PROCLAMATION

- WHEREAS:** Seniors are a vital part of our families, communities, and province; and
- WHEREAS:** Falls are the leading cause of injuries amongst seniors; and
- WHEREAS:** 20-30% of seniors in Alberta will fall at least once a year; and
- WHEREAS:** Falls among our seniors will result in over 9,000 hospital admissions and 33,580 emergency department visits each year; and
- WHEREAS:** Falling, and the fear of falling, can lead to depression and hopelessness, loss of mobility, and loss of independence; and
- WHEREAS:** Individuals and organizations from a multitude of disciplines across Alberta are working together to increase awareness of this issue and to encourage Albertans to take steps to prevent falling, and
- WHEREAS:** The quality of life is improved for Alberta seniors who remain healthy, active and independent.

NOW THEREFORE,

I, Ken Johnston, Mayor of the City of Red Deer, hereby proclaim this month of November 2023 to be Seniors' Falls Prevention Month in the City of Red Deer.

IN WITNESS WHEREOF, I have hereunto set my hand and cause the Official Seal of The City of Red Deer, Alberta, to be affixed.


Mayor Ken Johnston
City of Red Deer

